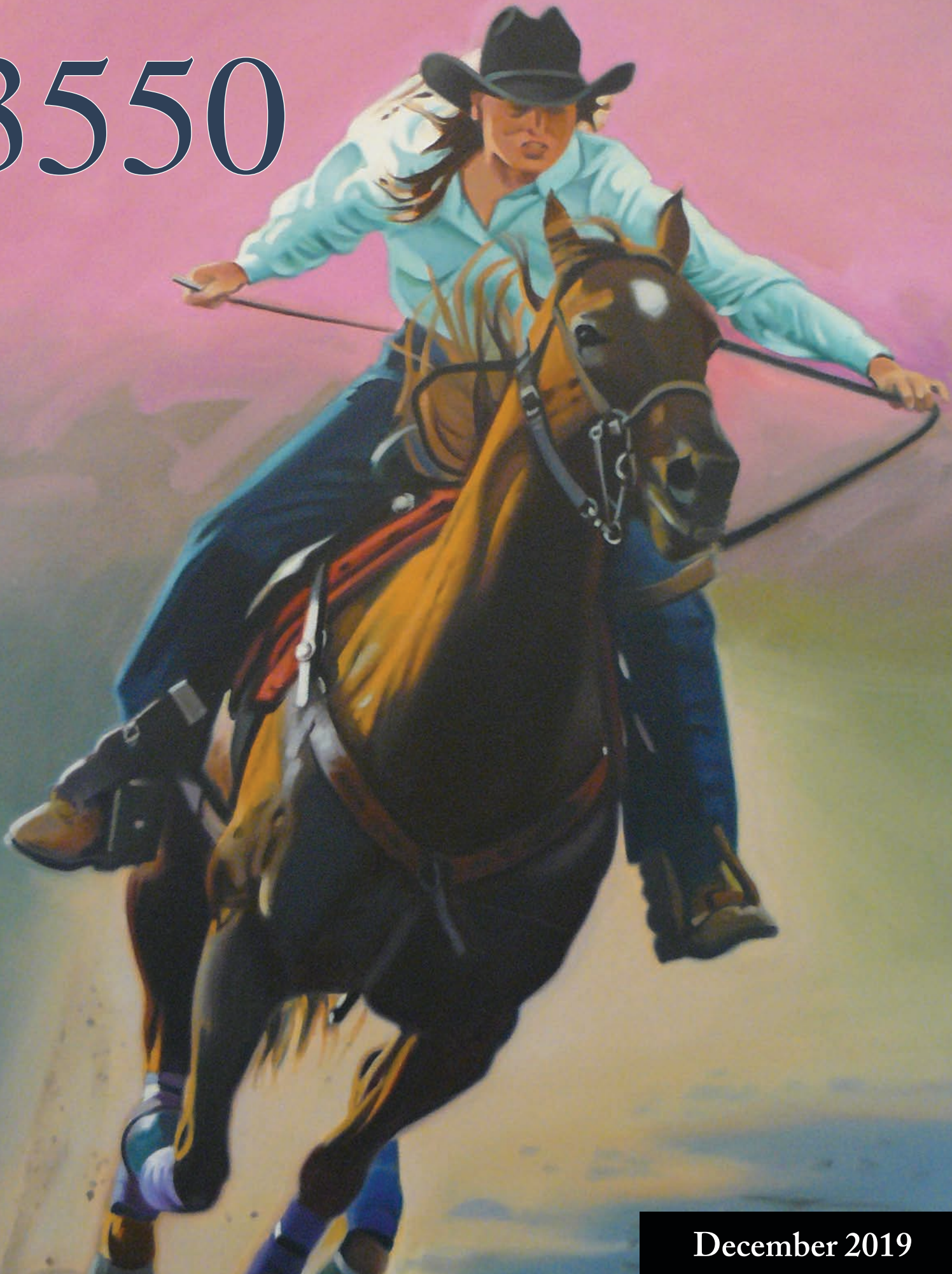


3550



December 2019

a publication by and for the residents of Mirabella Portland



Nancy Moss
Deputy Editor



Ron Weber
President

WHEN THEIR BURGER IS OVERDUE, OR ARRIVES MEDIUM RARE instead of well-done, residents may complain to their server, an activity akin to yelling at a friend after a hard day at work.

“Servers take the brunt of everything,” one employee points out — when the actual cause may be back in the kitchen. “We really don’t have control” over how quickly an order arrives, this server points out, adding that workers are “insanely busy” in the kitchen, a beehive of activity residents in the serene dining room don’t see.

One Sunday morning in the Bistro, my three-ingredient omelet arrived without the avocado. A different server told me that the kitchen had no avocado that morning but that no one had informed our server. Complaining to her would have served no purpose.

A diner, wondering about a slow order and seeing his or her server across the room, may want to wave and call out to get his or her attention. Residents “shouldn’t have to wave unless they have physical trouble with being mobile,” says Armin Alcantara, Director of Dining Services at Mirabella. He adds that it is the “server’s job to watch” to keep track of what needs attention.

In September’s 3550, assistant dining room manager Mayra Guzman mentions asking residents “not to snap their fingers or clink their water glasses” to gain a server’s attention.

Armin says that on the “rare time we get complaints” he asks himself, “Is there something we could have done?” in hopes of solving the problem. He urges residents to “give new servers an opportunity to learn the position,” a process that may include making mistakes.

The new declining balance food plan, covered elsewhere in this issue, has no doubt tested both residents’ and servers’ capacity to make and to forgive mistakes.

One employee feels that “general disrespect for servers” increases in a “luxury retirement setting” like Mirabella. “These kids are the future,” she points out and adds that “to see anyone’s true character, see how that person treats service staff.” ■

ABOUT THREE AND ONE-HALF YEARS AGO, THE ANNUAL PRS Quality of Life survey showed a desire for the Residents’ Association of Mirabella Portland (RAMP) to advocate with management on behalf of residents. I have supported this direction since moving in almost eight years ago.

Advocacy does not mean confrontation — it is a process where RAMP articulates resident concerns and possible solutions to administration.

This was the environment when I agreed over a year ago to accept the nomination for vice president. And I have learned a lot about resident concerns during the year I monitored and referred comment cards.

I believe there is discontent among residents on several issues including dining, wellness, building security, the health center, and Wi-Fi and TV service delivery. The next Quality of Life survey should help RAMP determine what advocacy efforts need to continue.

RAMP is currently addressing the resident concerns revealed in recent Quality of Life surveys.

We have an ad hoc meal plan committee at work reviewing the effects of the new meal plan. After the review is completed, the committee will make recommendations to the RAMP council and administration. The Dining Advisory committee has new leadership and a mandate to address a perceived decline in food quality. Regrettably, the Fitness Advisory committee has no chair, despite discontent with a changing monthly fitness class schedule. The Resident Health Advisory committee has new leadership and is moving forward with a few initiatives. I hope that by the time you read this, the ad hoc meal plan committee has made some progress toward making the new meal plan work better.

As renters, we cannot determine the shape of everything that goes on here. But we can advocate for residents, be articulate about our needs, and suggest improvements to the administration.

After all, both residents and the administration want the same thing — residents who are satisfied with their home and services here at Mirabella Portland. ■



ON THE COVER:
 "Pink Barrel
 Rider," painted
 by Mirabella resident
 Dan Hole. See 3550
 Magazine for September
 2018 for Dan's profile.
 Photo by the artist.



ON THE BACK COVER:
 Photo of
 Mirabella by
 Robert French.

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Donors Support New Building

THE UNIVERSITY OF PORTLAND IN LATE SEPTEMBER OFFICIALLY opened a new \$34-million academic hall paid for by donors, led by two former Mirabella residents.

The 67,000 square foot Dundon-Berchtold Hall, known around the campus as "DB Hall," has 17 classrooms, 35 faculty offices, a dozen formal and informal gathering places, and up-to-date instructional technology.

The university, in announcing the hall's opening, said the building "is the culmination of a multi-year philanthropic commitment by Amy Dundon-Berchtold, a member of the UP board of regents, and her husband, Jim Berchtold, UP class of 1963."

Jim and Amy are former Mirabella residents and were profiled in the March 2016 issue of 3550 Magazine. (That, and each back issue, is available online at www.3550Magazine.org.)

In 2015, the couple gave the university \$15 million toward creation of this new hall, and to endow what is now called the Dundon-Berchtold Institute for Moral Formation and Applied Ethics, which will anchor the building, according to the university.

The couple left Mirabella to return to their home in Southern California. ■

CCRCs Tackle Global Warming

ON TUESDAY, SEPT. 17, REPRESENTATIVES FROM SIX LOCAL CCRCs gathered in Willamette Hall to discuss global warming and ways to meet its challenge.

After Mirabella Green Team member Judy Seubert welcomed participants, Kristin Guest of Holladay Park Plaza introduced a video of Chad Frischmann's Ted Talk "Drawdown: the point in time when greenhouse gases begin to decline." Frischmann pointed out that a number of the top strategies for reversing global warming involved food and food waste and that the cost of implementing the 80 strategies listed was less than most people thought.

After the video, participants at five tables discussed five major areas in reducing climate change: energy; transportation; food; water and land use; and waste reduction, recycling and maintenance. Each table had a notetaker who would report on conclusions reached in their discussion.

The group's steering committee expects to plan another forum. As Green Team co-chair Kathy Suri says, seniors can be a "tremendous force" in addressing the challenge of global warming. ■

Matarazzo Receives Award

AN OVERFLOW CROWD OF RESIDENTS, FAMILY AND INVITED guests watched in the Park View Room as Mirabella resident Joe Matarazzo received the Regents Distinguished Service Award from the United States Department of Defense on Sept. 3.

Rear Admiral William M Roberts, who gave the award, stressed that it is "the highest honor by which the Uniformed Services University (USU) can recognize personnel contributions" and that it "is awarded to persons who have distinguished themselves by exceptional devotion to duty and extremely significant contributions of a broad scope to the USU."

In 1972 when the draft for the Vietnam War was abolished, ending military access to medical draftees, Congress authorized the founding of USU to provide "the unique requirements of military medicine" to all branches.

Joe began working on the new university and served on



Joe Matarazzo is flanked by Rear Admiral William M Roberts and Ruth Matarazzo. Photo by Ron Mendonca.

USU's board from 1976 to 1982. Admiral Roberts said that Joe "singlehandedly founded the department of medical psychology" and was "committed to health and well-being" including "emotional war injuries."

In remarks after receiving the award, Joe stressed that he "enjoyed all the years I worked with the Department of Defense." ■

*Holiday greetings
from your 3550 staff*

Fire Event Sparks Response

TWO SEPARATE FIRE AND SMOKE EVENTS ON SEPT. 16 DRAMATIZED Mirabella's need for a fire response plan. "If you don't use it, you lose it," says Brian Wycoff, Mirabella's Director of Facility Services.

Working with Paul Knoll, new chair of the Mirabella emergency preparedness subcommittee, Brian plans a fire drill every six months. He points out that Independent Living residents are responsible for running the drills; emergency team leaders will work with facility services to carry them out.

Emergency team leaders with long memories will remember that they knocked on doors, took notes on people they contacted, who was sheltering in place and whom they did not reach. They then led residents down four flights of stairs. In an actual emergency they would turn their lists in to the concierge so that everyone can be accounted for.

Before the upcoming drill, resident emergency team leaders will talk to residents on their floors to learn who can make it down the stairs and who will remain in their apartment, sheltering in place.

Long-range plans for fire drills, which should limit response to the one floor affected, have stalled because the city of Portland needs to hear from Mirabella's architects before amending present procedures, including the recorded announcement residents will hear.

Brian stresses that residents who smell smoke and report it should call 911 if no one responds "in a reasonable amount of time." He is working to update procedures and is "putting a lot of safety measures in place."

Sept. 16th's event was a wake-up call, in more than one way.

—Nancy Moss



Mikki Lipsey and Don Marshall are elves in the Mirabella Players' reading of David Sedaris's SantaLand Diaries on Wednesday, December 4, in Willamette Hall. Photo by Ron Mendonca.

Earthquake Education Attracts Residents

MIRABELLA RESIDENTS MOBBED THE CORRIDOR OUTSIDE THE mailroom for three hours on Sept. 18 to learn how to survive an earthquake and be able to cope with the aftermath.

The more than 80 residents who attended saw instructional presentations, consulted with resident experts and ordered large quantities of preparedness supplies.



Photo of Charlotte Beeman and Bruce Howard by Rosie Batcheller.

Water storage orders included 80 of the 3.5-gallon water bricks, 300 of the 1.6-gallon water bricks, 38 spigots and 35 orders of Aquamira water treatment.

Residents also ordered 36 boxes of "Go Anywhere" toilet kits for use in Mirabella toilets when the plumbing fails.

Rosie Batcheller led the planning for educational session with help from Mikki Lipsey, Mary Gray and Charlotte Beeman. ■

Moss Play in 2020 Fertile Ground

NANCY MOSS' 10-MINUTE PLAY "DETAINED" HAS BEEN selected for presentation during the 2020 Fertile Ground festival.

Fleshing out an actual event that took place in Spokane, Wash., "Detained" deals with a conflict between an immigrant and a Border Protection Enforcement officer, and is to be staged during Pdxplaywrights' "Daisy Dukes Shorts" nights, on Friday, Jan. 31, and Saturday, Feb. 1, at the Hipbone Studio, 1847 E. Burnside.

"Daisy Dukes Shorts" evenings will feature eight 10-minute plays. Performances start at 7 p.m. on Friday and 9 p.m. on Saturday.

This is not Nancy's first visit to the Fertile Ground festival.

Her play, "Deception," was put on in 2016 and 2017. It won Portland Theater Guild's play writing contest in 2015.

Nancy has been writing plays for 25 years, but her real achievement comes with service as deputy editor of your 3550 magazine.

Pdxplaywrights is a playwriting group that meets regularly at Portland Center Stage. ■

Call it Karma

IT WAS LATE MORNING DURING THE FIRST WEEK OF SEPTEMBER when Renee Hix, Mirabella’s marketing director, didn’t have time to fool with the new fob and banged on the glass doors leading in from the outer lobby.

Concierge Adam Hampton let her in and Renee immediately told him to call 9-1-1, as a resident had fallen on the street in front of Mirabella.

“I had been outside with a contractor, across Bond with her at her truck, when I heard someone yell for help,” Renee told 3550.

She saw a woman on the ground, half on the sidewalk and half in the street, bleeding from a head wound and being supported by a caregiver.

The resident had alighted from an Uber or Lyft, and



Renee Hix, Director of Marketing.
Photo by Ron Mendonca.

appeared to have stumbled over some rocks on the sidewalk side of the curb.

Thanks to Renee’s quick action, an ambulance soon was on scene and the resident – who Renee declined to identify – was rushed off for medical treatment.

She soon reappeared in the lobby, Renee said, all

patched up and seemingly no worse for the experience.

Enter karma:

A week or so later, Renee was dropping off her dog before coming to work when one of her high heels slipped into another cluster of rocks and almost sent her flying.

“I thought that somebody was going to have to call 9-1-1 for me,” she said later.

But maybe it was just the universe paying her back.

—Steve Casey

Mirabella Residents Win Trip to National Bridge Tournament

MIRABELLA RESIDENTS ED PARKER AND LARRY LEVY, playing with different partners, both won a trip to a national duplicate bridge tournament in Columbus, Ohio, in March 2020.

The American Contract Bridge League (ACBL) North American Pairs competition began with qualifying events at local bridge clubs. Qualifiers played the same 54 bridge hands in the ACBL District 20 (D20) final competition on October 13. Scores are based on how well each pair does compared with others playing the same bridge hands. Because D20 includes players from Oregon, Hawaii and parts of Washington, California, Idaho and Nevada, the contest was held via the Internet.

The contest was for players with fewer than 2500 ACBL master points.

The top four pairs in the district competition are eligible to represent the district in the national tournament. A pair from Washington came first. Ed and partner Laura McKinney came second. Larry and partner Jean Johansson came fourth. ■

Help Wanted

YOUR 3550 MAGAZINE IS STILL LOOKING FOR SOMEONE to fill its “Around Campus” column, which Marge Carothers made her own for years. This writer could cover events like the start of a new photography club, which meets on the first Tuesday of the month at 10:00 a.m. in the Skyview Room.

Beth Wolff, who has sold pictures “all over the world” and who has been part of a Wilsonville photo club for years, will lead discussions of what makes a good photograph as members share their work.

Interested residents can contact 3550 editor Steve Casey at stevenjcasey@me.com. ■

Steps to Success

IN SEPTEMBER, MIRABELLA JOINED A PRS-WIDE FITNESS CHALLENGE that involved keeping track of steps walked for an entire month. “Winners were in the range of 500,000 steps,” says Amy Richmond, fitness committee chair.

Resident winners are Lynn Marks, Sylvia Mathews and Van Brent. Staff winners are Georgina Aguilar, Mercedes Brink and Christina Dye.

Wellness Coordinator Bryant Symkowiak thanks everyone who participated. ■

Diners Warm Up to New Meal Plan

by Steve Casey

SERVER AND RESIDENT CONFUSION, \$20 DESSERTS AND HALF the building getting a windfall food allowance led Mirabella's new "declining balance" dining plan to a rocky start as it rolled out Oct. 1.

Most issues have evened out with experience, management corrections and time.

While not every resident is tickled with the declining balance plan, diners seem to be adapting to using points and enjoying the flexibility.

The default plan gives each resident 500 points monthly, each point carrying the buying power of \$1, to use for purchase of food, wine, cocktails and guest meals at Aria and the Bistro. Or residents can choose a "lite" version of 400 points and get a \$50 statement credit. For more hearty eaters, a 675-point level is available for purchase.

The plan is constantly monitored. Dining staff has worked with residents who fear they will run out of points, showing them more economical ways of ordering, or other ways to let the month and the point pile run out at the same time.

Some months into the new plan, dining director Armin Alcantara, Pacific Retirement Services corporate dining chief Todd Albert and Mirabella's executive director, Sharon McCartney, will do a deep dive into the program to see what, if any, adjustments need to be made. For that review to be worthwhile, they need a few months of consumer data.

"This has opened up opportunities to offer a wide range of different specials."

—Armin Alcantara

October was a one-off month not only because the plan was brand-spanking new but also because all residents on even numbered floors got a boatload of extra dining points, skewing the data. November and December are atypical because of holidays. So it may be that reliable data about how residents are actually using the new plan may not be available until April.

An *ad hoc* meal plan committee has been convened to evaluate the plan and its implementation, launched in part to address fears of some residents that the switch from a "meal credit" plan was just a cover to get more money out of residents' pockets.

"The committee will study the plan's implementation, collaborate with administration to review data and analyze

about its use, share information about findings" with residents and relevant committees "during the first six months of its use," Sharon told 3550.

Members of that *ad hoc* committee are RAMP president Ron Weber; vice president Ed Parker; dining chair Jane Wachsler; council liaison Pete Swan; Rolf Glerum, a member of the finance advisory committee; and residents Toni Tidman and Hebe Greizerstein.

Meanwhile, as Mirabella Portland residents adjust to the declining balance plan, Todd is taking it to a Feb. 1 rollout at Mirabella Seattle. Eventually it will serve all PRS communities, with Trinity Terrace in Texas likely to follow Seattle.

"Our charge is to work with administration to tweak the plan," RAMP (resident association) president Ron Weber told 3550 about the *ad hoc* committee he chairs. "In my view it's also advocacy; we have to advocate for the residents."

For his part, Ron dismisses the notion this is all some revenue-enhancing scheme, but believes the program has other shortcomings.

"There is a segment of the community that believes this was instituted to save money for Mirabella. (But) I don't attribute any ill motives to it at all," he said.

Nonetheless, he says administration has declined to consider two proposals: grandfather existing residents who opt in to the "meal plan" scheme, and provide diners a half-portion option. The half-portion issue, he said "isn't so much about the point cost as it is about wasting food."

According to Todd, the grandfathering concern is a dead issue. At press time, there were no plans to offer half-portions.

Some residents have hoped that the new plan will offer higher quality entrées, allowing diners to treat themselves when they want, eat home-style cooking when they want and eat light (and cheaply) when they want.

Shortly after the new plan kicked in, the Bistro offered a steak as its dinner special, and priced it at 30 points



(see Diners p. 8)

(from Diners p. 7)

– that’s \$30, but with the 30% discount to residents in the Bistro it was only \$21. The steak itself got mixed reviews, but the concept proved popular as the Bistro sold 43 of the steaks that night, Armin said.

In mid-October, Aria’s sturgeon for 17 points was a runaway hit. “This has opened up opportunities to offer a wide range of different specials,” Armin told 3550.

While Armin has often said that food quality and the meal plan are separate items, they are related.

Under a “meal credit” plan, there is no way to make up for price increases of food and supplies, so to avoid losing money – or raising resident fees – the only option for dining management is to spend less by purchasing lower grades of meat and other less expensive items, and to serve more “plain Jane” dinners.

That drives a decline in the quality of food being served, which has become another resident complaint.

While the *ad hoc* committee examines dining plan preparation and rollout, the overall quality of the Mirabella dining experience is before the dining committee.

“Food quality is absolutely our number one priority,” dining chair Jane Wachslar told 3550. “Changing the menu more often – people are tired of the same thing. People who have been here a long time feel that at the beginning the food was absolutely wonderful and the food quality has deteriorated. We are not going to make 350 people happy, but we are going to make an improvement,” she said.

One aspect of the rollout that left diners unhappy was the discovery of \$20 desserts.

A resident having dinner in Aria East might not care for the deserts offered there but knew, for example, that marionberry pie was on offer at the buffet in Aria West. If he or she wandered down and fetched that pie, the result was a 20-point charge.



There was no way to purchase that pie for the regular price of a dessert on the Aria menu – about \$3.50.

The reason, Todd said, was that people eating at the buffet can take what they want,

so there is no need for a server to stand watch. But if people from the “fine dining” side come down and get a dessert, or five desserts, there is no way to charge them, and the dessert stock for buffet diners is reduced.

The initial solution? Charge dessert-takers for an entire buffet dinner.

Effective Nov. 1, one month after kickoff of the declining balance plan, that \$20 dessert charge went away. The solution this time? Area East diners will not trek down to the buffet for dessert, but may order any dessert offered on the 24th floor, delivered to them on a plate by a server and charged at the regular dessert price.

“We should have done that before,” Todd conceded.

Other cleanup corrections have been made.

The original buffet price of 25 points was reduced to 20.

A soup-and-salad option, added for seven points, has



widely been regarded as “a great deal.”

A new, higher level of points was made available for purchase: 675 points for an additional cost of \$87.50 a month. That’s an addition of 175 points over the standard 500, for half price. Spend \$87.50 to buy purchasing power of \$175.

Armin said dining management is also contemplating changing some of the liquor available in the lounge, pairing some wine options with dinner specials, and offering “some small snacks at a reasonable price.”

Before the plan actually kicked in, half the residents in the building got an early Christmas present.

Because residents of even-numbered floors are on a dining month starting each 16th and concluding the following 15th (in order to avoid the congestion of all residents using up their dining allowances at the same time), and the program started Oct. 1, something had to be done to get those even-floor people integrated into the new plan.

Sharon said administration did not want to prorate meal credits and points because some residents could feel

penalized if their dining was, for them, not typical.

So to head off potential complaints, even-floor residents all received a full month of meal credits on Sept. 16, followed by a full month of dining points on Oct. 1, followed by another full month of dining points on Oct. 16.

The result was a happy kind of bedlam. Residents on even-numbered floors merrily treated their odd-floor friends to meals and drinks. Those even-floor residents made extra purchases, as is common at the end of each dining month.

Todd told 3550 it exacerbated month-end demand and created staff problems.

"That was a mistake," he said.

Looking ahead, two committees are working on dining issues – implementation of the new plan, and quality of food and service.

At press time, management was also in talks with restaurant-booker Open Table, a popular national reservation-making service, to allow residents to make dining reservations online – through Open Table's website, or by using Miranet – and to get instant confirmations of those reservations, without waiting for a dining staff member to call back.

Mirabella lore has it that in the community's early days all residents could make reservations whenever they wanted, for parties of any number. Because some residents abused the system by reserving specific tables every night, or by making reservations from now until the cows come home, that ended. Currently, reservations can be made only for parties of seven or more residents, or for residents hosting an outside guest.

That rule predates both Todd and Armin and neither sees any good reason to keep it.

So if and when Open Table comes to Mirabella, you can expect to be able to reserve a table for

two, or four, or whatever you need – with some provision made for preventing abuse of the system.

"Frankly, we'd like to have all our residents make reservations," Todd said. "It helps us anticipate what kind of night we'll have."

He added, however, that reservations will never be *required* except for large groups.

Mirabella Seattle accepts reservations from residents for parties of any size. Portland expects to follow that lead. ■

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Photo by Robert French

Merrill and Ellie McPeak

by Claire Weber

RETIRED AIR FORCE FOUR-STAR GENERAL MERRILL McPEAK AND Air Force wife and college teacher Ellie have made a formidable team for 63 years.

Merrill believes he met Ellie in seventh grade; she claims they met later in debate class and recalls, "He was pretty good-looking, especially for a debater."

Resident Profile

Merrill and Ellie McPeak: the Force of Attraction

Born in Salt Lake City, Elynor Fay Moskowitz attended schools in San Diego. Merrill Anthony McPeak was born in Santa Rosa, moved around a great deal when he was young and ended up graduating from Grants Pass High School.

While Merrill confesses to a so-so school record early on, by high school he was successful in public speaking competitions and particularly good at debate. He received a debate scholarship to college and competed for three years running at the national debate competition held at West Point.

Ellie and Merrill were both active debaters at San Diego State College. Married at the start of their senior year, they became the first married couple to compete at the national event. They each earned a B.A. in economics, and their first son, Mark, was born four days after their graduation.

At San Diego State, Merrill was in the Air Force Reserve Officers Training Corps (ROTC). Most ROTC graduates receive reserve commissions, but a few graduates are designated as "distinguished" and offered regular commissions. Merrill was offered a regular commission after graduation but refused it because "I did not want a career in the Air Force and I had debt to pay off. I worked at an aircraft company to pay off several hundred dollars of debt."

However, flying itself became the draw. Merrill writes of "the spell that's cast when a craftsman loses himself among his tools." The Air Force asked again, in 1957; this time Merrill accepted a regular commission.

During the next 37 years, he flew fighters, flew 269 combat missions in Vietnam, then flew for two years as a member of the Thunderbirds, commanded units in the

United States and overseas, earned early promotions and ultimately became a four-star general and achieved the highest rank of any uniformed Air Force officer – Air Force chief of staff.

Despite her education, Ellie did not work professionally for "quite a long time" she recalls. "It was tricky for an Air Force wife to work and it was much less common at the time for women to work outside the home."

She explains that an Air Force commanding officer's wife is expected to be "involved in the family side of life." She organizes family activities which are an important part of military life, especially in those days. This was particularly true for overseas postings.

"Her role was essential – virtually mandatory," Merrill attests. "It made a difference as to how I felt. It made a difference as to our efficiency as a unit and was essential to the morale of the unit."

All commanders' wives had this responsibility but Merrill points out that "There's a range of how people do this. Ellie was off-the-charts good. Her contribution was unusually important."

Ellie saw her role as an opportunity to help other women in Air Force families, providing more opportunity for them to pursue their own interests.

The McPeaks agree that their six years in England in

For me, flying was a replacement childhood.

— "Hangar Flying," General Merrill A.

McPeak

the early 1960's were some of their happiest times. Ellie continued work on her master's degree in economics using the library at the London School of Economics for research. They saw Lawrence Olivier in blackface as Othello and watched Rex Harrison and Julie Andrews in "My Fair Lady" at Covent Garden. Their younger son, Brian, was born in England.

They both liked Air Force life except for the moves. In 37 years, they moved 34 times including seven European locations in six countries. Merrill remembers that "whenever they back up the truck, it is a mess. Three moves equal one fire."

After studying in several institutions as the family moved around, Ellie earned a master's degree in economics from San Diego State and taught at the college level. Merrill also went back to school and earned his M.A. in international relations from George Washington University.

(see McPeak p. 12)

(from McPeak p. 11)

In 1994, they retired from the Air force and settled in Lake Oswego “because,” Merrill says, “Oregon is home.”

Merrill remained active as an investor, serving on corporate boards of directors and writing his Aerial View trilogy. In that three-volume memoir, he describes his achievements, freely admits his errors, frequently lauds Ellie for her intellect and her contributions, and proves himself an excellent writer.

A couple of anecdotes show how this couple is the real deal.

When Merrill took command of the Pacific Air Forces, he, Ellie and Golda, their Labrador retriever, moved to Hawaii. Hawaii has a four-month quarantine requirement for dogs. But unlike other quarantined dogs, Golda was not alone. Each day of quarantine, Ellie or Merrill or both visited her and sat with her in the pen to keep her company.

That command also brought him into closer contact with the political world. For example, both Hawaii and Alaska had Air Force units under his command, and the important Senate Appropriations Committee was chaired by either Sen. Daniel Inouye (when Democrats were in the majority) or Sen. Ted Stevens (when Republicans held sway). Both were World War II veterans; both became good friends.

When Merrill was later nominated to become Air Force chief of staff, which required Senate confirmation, Inouye and Stevens jointly introduced him, giving him a bipartisan endorsement.

After his experience in Washington, he remained politically involved with several presidential campaigns in Oregon. He received numerous honors and awards, including a Lifetime Achievement Award from San Diego State, a Distinguished Alumni Award (“the George”)

The act of flying reshapes everything

all the time.

—“Hangar Flying,” General Merrill A.

McPeak

from George Washington University and induction to the Oregon Aviation Hall of Honor. Merrill worked on Ken Burns’ PBS series “The Vietnam War,” and has enjoyed taking college classes.

For eight years he was chairman of the American Battle Monuments Commission, a White House agency that supervises 25 cemeteries of combat dead buried overseas.

Ellie became active in Lake Oswego local government. She was on the city’s arts commission when Merrill suggested she run for the city council. She did and lost,



but later was appointed to fill a council vacancy, then was elected on her own.

“I was happy when involved in not-frivolous ways in the community,” Ellie says. “Lake Oswego is a good town to be involved in.”

During her years on the council, she was active in working to rebuild Lake Oswego, particularly the parks and downtown.

It wasn’t all a cakewalk. Ellie observes that “Lake Oswego listens a lot to public comments and people with issues use the City Council to air grievances.” At one meeting, a guy “sort of spat” on her and another asked her to come outside and “duke it out.”

When it came time for yet another move, the McPeaks chose Mirabella.

Merrill observes: “It is the classiest of the options.” If so, Mirabella should suit Merrill and Ellie McPeak. ■

General McPeak Backs Air Power

"THE MILITARY ART CHANGED IN A RADICAL WAY IN 1903 — the year the Wright brothers flew," General Merrill McPeak writes in his memoir "Roles and Missions".

Desert Storm, the Iraq war fought in 1991, proves his point.

Following a carefully detailed plan, coalition aircraft first destroyed Iraqi air defenses, then switched to bases, airfields and aircraft shelters and finally confronted the Iraqi field army.

When two Iraqi divisions moved toward the town of Al Khafji, Lieutenant General Chuck Horner led the coalition's air attack. McPeak writes that "by the next morning the entire offensive had unraveled.... A captured Iraqi soldier reported his brigade had been hurt more by 30 minutes of air attacks than in eight years of war with Iran."

During a briefing after Desert Storm, General McPeak said, "My private conviction is that this is the first time in history a field army has been defeated by air power."

A later war in Bosnia provided him another example of air power's efficacy. A "proper NATO air campaign against the Serbs ended after three weeks" when the Serbs agreed to negotiate. Air power led the way to diplomacy.

General McPeak writes that "the defense business's tendency to remain committed to obsolete systems" can sometimes "be understood only as an aspect of man's fall from grace."

As an example he cites the British red coats, uniforms first dyed red by Cromwell in 1645. "As firearms lethal at some remove were perfected, the tactical consequences of wearing those outfits should have been obvious."

Instead, arrayed against buckskin-wearing farmers and frontiersmen, these scarlet uniforms helped Americans win their War of Independence.

General McPeak's memoir suggests that technological advances like stealth aircraft and precision bombing should transform warfare and place air power at its center.

—Nancy Moss

Portland Diary

by Nancy Moss

On the Streetcar

I am sitting on one of the single seats. Across the aisle from me, Betty Noyes is sitting next to a man that I know, from having walked with him from the Moody/Gibbs stop to Curry Street, is a non-stop talker. Over the streetcar noise, I hear the gentle flow of his conversation, broken here and there by Betty's comments, probably, "That's nice," or "I see."

Two seats in front of them sits the man's wife, wearing an ear-bud.

On the Streetcar #2

A group of developmentally-disabled young people includes a dark-haired girl who is talking a little too loudly. Their counselor, who is sitting behind me, calls Nick, a heavy-set young man wearing a bright Christmas shirt, over to sit near her. Nick has offended a friend by calling him crazy.

Nick defends himself. "Everyone is crazy," he explains.

They discuss the stress Nick says he has been under. "Hitting myself in the head helps," he says.

He should not do that, the counselor tells him. The group gets off at Moody and Gibbs with me, headed for a Christmas bazaar.

The dark-haired girl exits ahead of me and looks around her. "Fascinating!" she exclaims.

On the MAX

I am on the MAX, facing sideways. Across the aisle from me and one seat back is a dark-skinned African American man.

He is having trouble. He has dropped his cell phone a couple of times.

"You dropped something!" a rider calls out.

He picks up his phone. At his feet is a cloth bag loaded with round plastic shrimp party platters, each one containing enough for a large bash. One or another of them keeps sliding out of his bag.

The African American man next to me moves to sit in front of the man with the shrimp.

"You have a problem," he said, and continues talking earnestly. He takes out some money, gives it to the other man and takes possession of the shrimp.

At the next stop that man exits, a bit unsteadily.

If he is married, I picture the second man facing his wife when he gets home. "You did what?" she asks. "You bought what?"

I have witnessed a good Samaritan in action. ■

by Nancy Moss

THEY ALL HAVE ORIGIN STORIES; SOME, WILDLY FANCIFUL NAMES. When Mirabella valet Andrew Gleason talks about the 10 cats and two kittens he and his wife Michalle presently own, or those no longer alive, his face lights up.

A Portland native, Andrew grew up with pets and remembers owning a dog, a Norwegian elkhound/black Lab mix named Dominic. In 1985 he joined the U. S. Navy and was based in Maryland. He met Michalle in 1984 at a friend's Christmas party. Taking her home, Andrew drove his Subaru into a ditch; in freezing rain they climbed a hill to a nearby fire station and safety.

In spite of that start, Andrew and Michalle married in 1986. In 1988, Andrew recalls, during a party at a friend's house, Michalle, holding a cat in her arms, confronted Andrew. "You promised me," she said.

That was the beginning. Andrew and Michalle brought home Webbigale von Kitty Cat, the first in their menagerie, a black and white cat. "I wish I had gotten two," Andrew says now, remembering the cat they didn't take.

After his stint in the navy, Andrew and Michalle moved to Portland where Andrew held a number of jobs, at Plaid Pantry, Graphic Arts Center bindery, and Portland French Bakery. In 2015, he joined Mirabella, first as a custodian working the graveyard shift, from 10 p.m. to 6 a.m., and then as a valet.

In 1994, Michalle told Andrew, "We need to get more cats." Andrew realized, "I can't live my life without a cat." That realization led to their acquiring Smudge and Dot, two sisters.

Then when Michalle was working outside on their lawn, a cat kept showing up. Michalle claims the cat jumped into her car; Andrew thinks she picked the cat up. This was Ash Katchum, a white Turkish angora with striking blue eyes.

Asked how his cats get along with each other, Andrew says, "I honestly am surprised they get along. I've never had a full, drawn-out cat fight." A cat may grab his arm or sit on his chest and knead with its paws, but it keeps its claws in.

After acquiring Toby, a female torty (tortoise shell), Michalle again said, "I'd like to get another cat." The couple went to the Multnomah County animal shelter where they acquired Callie Cat Purrheart, another torty. Andrew chuckles at the memory.

Their next cat, Allie, won Andrew's heart when she stuck her paw out of her cage and beckoned him with her toes.

The couple acquired cats seven and eight, Thunderpaw, a black and white Manx, and Lightning Foot, a small gray cat, at the Oregon Humane Society. Lightning Foot,

Andrew recalls, hid for 24 hours but then jumped on their couch and accepted her new home.

As many animal shelters must, both the Multnomah County animal shelter and Oregon Humane Society may euthanize cats that don't win adoption. Michalle and Andrew have saved a number of feline lives and enriched others, like Baby Dickens, an abused cat. Andrew says she was at first aloof but he found that "if you're calm, she loves to be petted."

Asked how many litter boxes they have, Andrew says 13; you need one for each cat, and one extra. These are all indoor cats; "I've seen too many coyotes running around my neighborhood," Andrew explains. He buys 22-pound

Staff Profile: Andrew Gleason, Creating a Cat Refuge

bags of Purina Cat Chow, which lasts less than a month, and feeds each cat one cup of chow a day, with one exception: for a part-Siamese named Mitten Kitten, who insists on dry food in the morning, wet cat food at noon and dry food at night.

Stormy, at 18 the couple's oldest cat, was painfully thin. She had been declawed, Andrew explains, and was unable to catch anything on her own. He wondered why anyone would spend the \$300 on declawing her and then abandon her to fend for herself.

Having gained a reputation as cat lovers, Andrew and Michalle found brother and sister cats left in a box on their doorstep, a Siamese they named Honeyfern and a black and white, Patch.

More than one father can sire kittens in the same litter, Andrew says, explaining the varying breeds.

If any of this gives readers an itchy feeling, picturing cats running around, jumping on couches, yowling, scratching any fabric with a texture, standing on their hind legs to beg for food (they look longingly at his hamburger, Andrew says), Andrew finds it engaging. "They are all individuals," he assures me.

He drew the line, however, at a home burial ground. When Michalle wanted to bury Webbigale, their first cat to expire, in their backyard, Andrew said, "Absolutely not!" There are some limits.

(see Gleason p. 16)

Photo by Ron Mendonca



Andrew Gleason

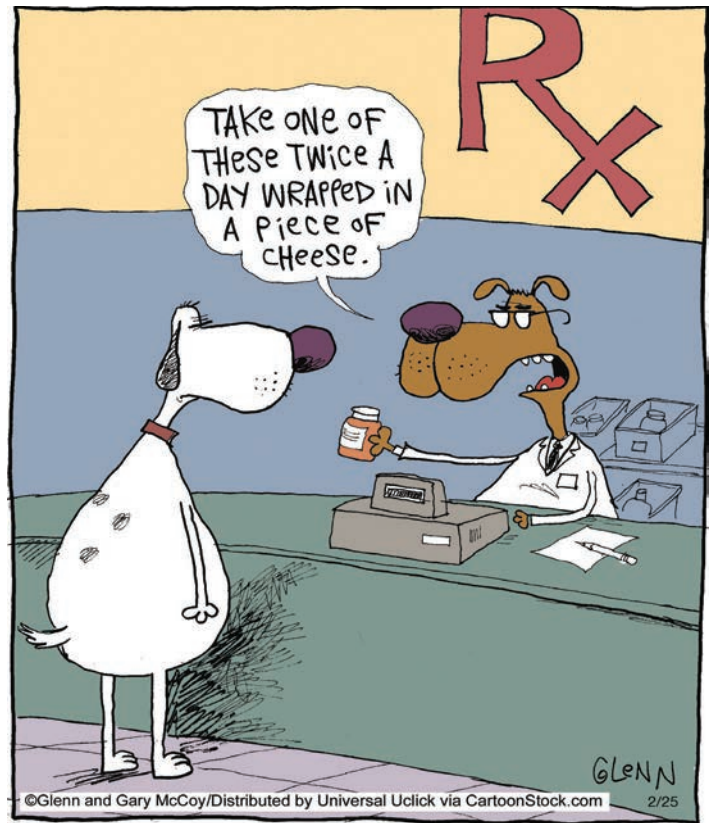
(from Gleason p. 14)

We have not mentioned Gabby, a black and white found wandering around, the Abyssinian Foxy Lady, Typhoon Tony, Bramblestar, Scotty-Swiftpaw or Sophia, their most recent addition. Andrew can provide both a description and the details of their first meeting for each.



Drawing by Owen Swifter

"I don't have children," Andrew says. "I only have furry babies." He and Michalle have a sign by their front door: "Pets are welcome; children must be on a leash." ■



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Day In The Life Of The Concierge

by Nick Cowell and Adam Hampton

MIRABELLA CONCIERGES HAVE TO KNOW IT ALL. HERE ARE 10 OF THE QUESTIONS THAT THEY HAVE BEEN ASKED AND 10 THAT THEY HAVE NOT BEEN ASKED, AT LEAST NOT YET. MARK A T FOR TRUE ON THE LINE BEFORE THE QUESTION IF YOU THINK IT HAS BEEN ASKED. MARK AN F FOR FALSE ON THE LINE IF YOU THINK THIS HAS NOT YET BEEN ASKED. FOR THE CORRECT ANSWERS SEE PAGE 35.

1. I've been told that this is a fancy place. Can I please see a typical apartment? I'd like to know how the rich live.
2. There's a young boy playing in the water outside. Is that allowed? He does not want to leave. Can someone come and get him out? Or should we just let him stay?
3. My cat just died. I heard that there is a resident here that keeps a pet squirrel. Is that true? If so I want to get one.
4. I live next door. Do you sell tickets for those programs you have some evenings here?
5. I want to go up to the roof to take cityscape photographs with my brand new camera. Can you give me the necessary keys please?
6. I found a twenty-dollar bill on the walk coming up to your door. Should I return it to you?
7. Is my ninety-one-year old grandfather too old to apply to live here?
8. This box has things in it that might spoil. How much will it cost me to get it fast to Indonesia?
9. I'm not sure but I think I saw a mouse in my kitchen. What should I do? Then I thought I saw him again!
10. Does the concierge have specific duties if the big earthquake we hear so much about occurs?
11. I really like the blueberries that they are selling across the street. Can I buy a lot and give them to the cooks on the 24th floor?
12. That fourth elevator is sometimes scary. Can you please make one of the others come?
13. Why is this place called Mirabella?
14. I always admire your garden when I walk by but why is that funny gray statue thing in the middle of it?
15. Look at all these beautiful flowers. If some don't get picked up let me know. I would be willing to take them. I will give them a happy home.
16. Can I reserve the pool some time in two weeks for a party for the graduating classmates of my sixth grade daughter?
17. I am a licensed chiropractor. I think I could help some of the elderly people here. How may I advertise my services?
18. I'm a dog walker. Can you keep these two dogs I have here while I go upstairs to get the other dog?
19. This book is only 235 pages long. Can you please make two copies for me maybe late some night soon when everything is quiet?
20. Two people are playing ping-pong on the billiards table on the 25th floor. Is that allowed?

All Shook Up 2019

by Ed Parker

MIRABELLA DEMONSTRATED ITS EARTHQUAKE READINESS on October 17 with an all-building drill and successful communication of simulated damage and injury assessment reports to the Portland Bureau of Emergency Management (PBEM).

Mirabella had 100 percent participation from 27 resident apartment teams, a resident team checking public areas, assisted living and the second-floor health center, thanks to great preparation work by emergency team members Rosie Batcheller and Anne Clark. When the simulated earthquake sounds were broadcast throughout the building, residents practiced “Drop, Cover, Hold On,” as they would to avoid being knocked down and injured in a real earthquake.

Each team filled out a damage and injury report and sent it by radio to the Mirabella “radio control” person, Ron Mendonca, who relayed the information to incident commander Paul Knoll. Later in the day, the South Waterfront Neighborhood Emergency Team (NET), participating in a Portland citywide exercise, combined the Mirabella damage report with that of seven other South Waterfront buildings. That combined neighborhood report was sent by amateur (“ham”) radio to PBEM.

The NET team practiced radio communication in two previous citywide exercises, both in daylight. This was the first citywide test of responding at night assuming that the power grid and all telephone and Internet communications were unavailable.

Neighborhood damage and injury reports help city and

county officials allocate local resources. Aggregated reports sent to state and federal emergency officials help them allocate their emergency response resources.

In a real earthquake, residents would not be providing statistical or other status reports until several hours after the event. The immediate priority is to take care of yourself,

your family and your neighbors as best you can. You should keep radio silence unless there is a life-threatening situation requiring immediate assistance from someone other than people nearby. Meanwhile, the drill did give more residents practice using the radio.

During the Mirabella drill, the second floor practiced their

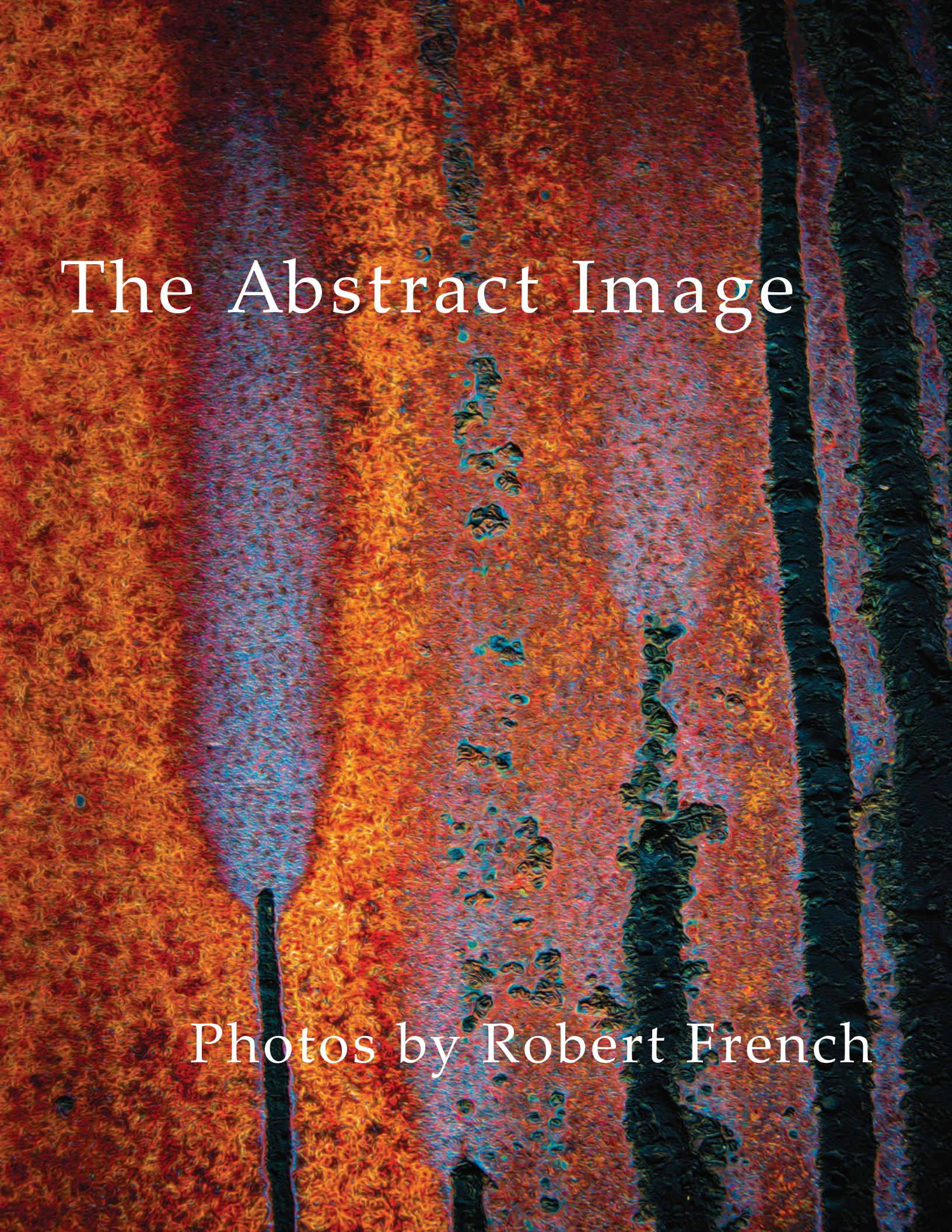
procedures for operating without power, using forms to keep track of the status and location of patients and staff, and using a Stryker chair (with a life-size dummy) for emergency patient evacuation.



SWF Neighborhood Emergency Team (NET) volunteers during their Great Shakeout drill, scheduled for nighttime because emergencies often happen at night. Photos by Kathy Suri.

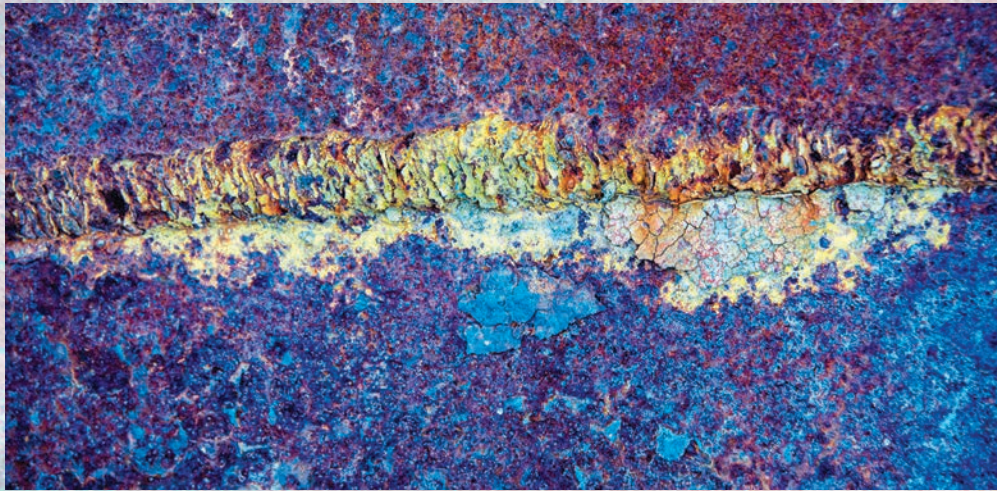
Mirabella facility services also successfully tested their “one-call” system for quickly sending emergency notices to resident and staff telephones and email addresses. In a real earthquake, the shaking will be notice enough. However, this drill was an opportunity to test which residents and staff were able to receive one-call messages and to discover which numbers and addresses needed to be changed or added to the one-call list.

At a meeting the next day, residents reported their experiences, got questions answered and learned more about how to distinguish between structural and “cosmetic” damage. ■

The background is a complex, abstract texture. It features a mix of warm colors like orange, red, and yellow, interspersed with cooler tones of blue and purple. There are prominent vertical streaks and bands of color, particularly a dark blue/black one on the right side. The overall appearance is that of a microscopic view of a material or a highly textured surface.

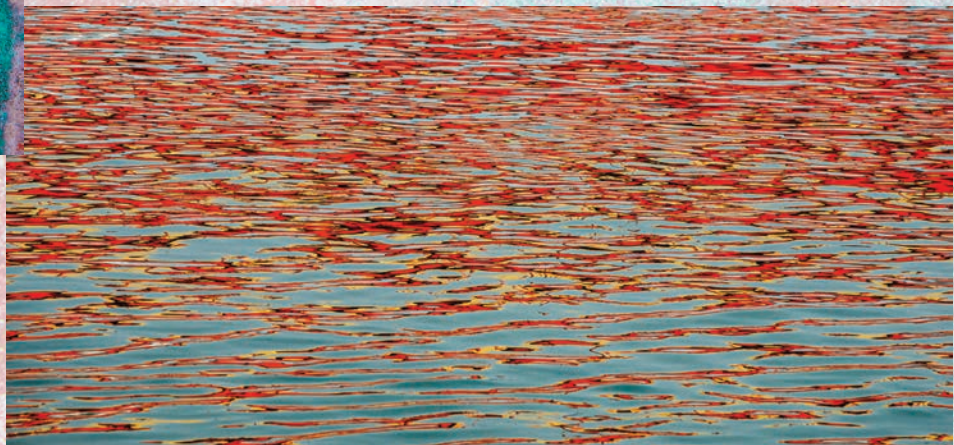
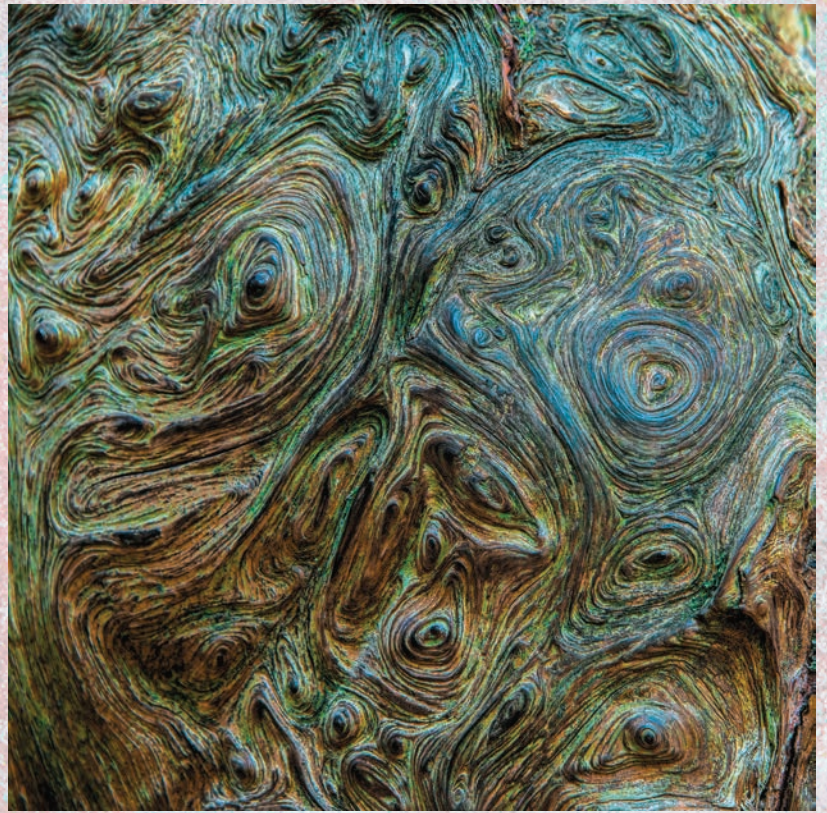
The Abstract Image

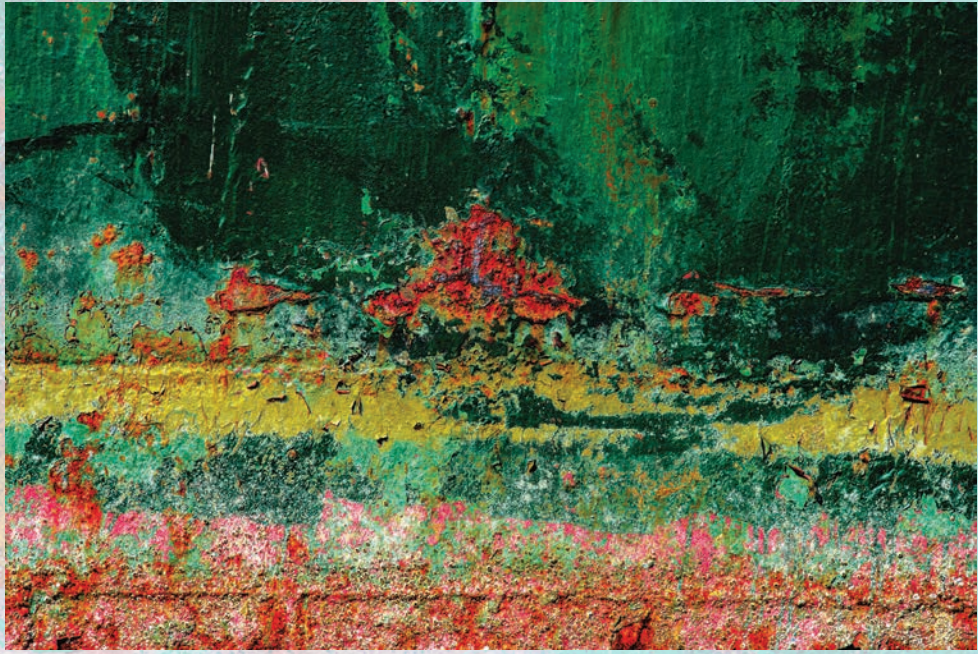
Photos by Robert French

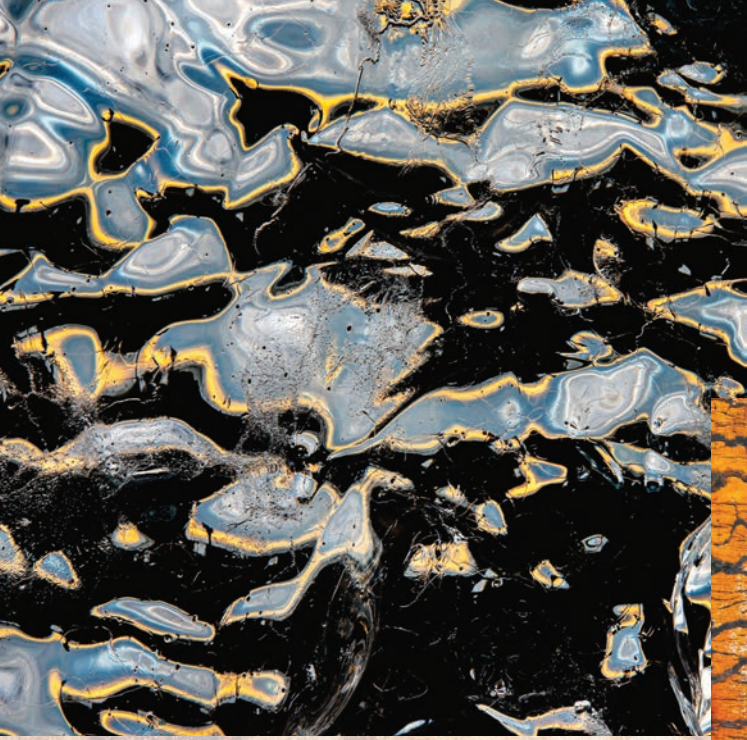


AS AN ART FORM, ABSTRACT PHOTOGRAPHY EXTENDS to the viewer the opportunity to interpret the subject in different ways. It's a distinctive way of looking at the literal. Form, texture and pattern play leading roles. The photographer — just like the artist who paints in oils — is free to create a personal interpretation of reality. Pictured here are my renderings in the form of close up images of various forms of metal, stone, wood, water, ice, leather, paint and concrete.

—Robert French







SWF Residents Wary of Live Nation

by Steve Casey

ROCK BANDS OR ZUPAN'S?

Loud music at night or peaceful rest for cancer patients, old people and South Waterfront condo residents?

Those decisions are to be made in the coming months. Whatever the decision, our neighborhood will undergo profound change.

The 33-acre Zidell Yards property along the Willamette River long has been planned for housing, office space, parks, retail outlets and a grocery store — perhaps a Zupan's or a Freddy's or Trader Joe's. Bond Avenue awaits completion of a section running north, across Zidell property, linking with the recently built section on the north side of Tilikum Crossing.

The Zidell master plan envisioned some 2,200 housing units, 1.5 million feet of office space, a hotel, three parks and filling in the Willamette River Greenway.

The Oregonian newspaper called the site "a rare blank slate near the central city."

The development plan collapsed when the Zidell family and the city hit an impasse over money.

Now it is being touted as the site of a 10,000-seat amphitheater which would host rock concerts and other performances on 40 good-weather evenings every year for the foreseeable future, although Zidell calls it "an interim use" until their "legacy" project is built.

Zidell and international entertainment promoter Live Nation have agreed to a 7-year lease with two 2-year renewal options, and a Live Nation executive says they hope to operate there "forever."

That executive, Matt Prieshoff, chief strategy officer for Live Nation Venues, told 3550 that far from being a neighborhood disaster the concert venue will become a neighborhood jewel, bringing new life and vitality to the South Waterfront.

Noting the proximity to the concert venue of the Rood Family Pavilion and its Ronald McDonald House for cancer kids and their families, Prieshoff said if sound levels are okay inside Ronald McDonald, they should be fine else-

where in the neighborhood behind the stage — including Mirabella.

"I won't sleep at night if the kids (in Ronald McDonald) can't sleep at night," he said.

South Waterfront residents and property owners fear the worst, however, in large part because of a short series of concerts staged on that same property five years ago, called Project Pabst.

The days and nights of Project Pabst led to numerous neighborhood

complaints to the city's noise office, as residents were subjected to a constant, headache-inducing booming of bass sound.



Graphic art by Owen Swiffer

(see *Live Nation* p. 24)

(from Live Nation p. 23)

Priesshoff said Live Nation is “working ourselves out of a hole” because of that earlier experience — which Live Nation had nothing to do with. Although amphitheatres, Live Nation’s or others’, are notorious for noise complaints, and Live Nation will ask for a variance to exceed the limits of Portland’s noise ordinance, he said the company can deliver a venue acceptable to the neighborhood.

The neighborhood is not convinced.

The South Portland Neighborhood Association is one of the city-designated groups with official standing to weigh in on neighborhood issues. South Waterfront is a part of South Portland.

The association “discussed an immediate position to oppose” the Live Nation proposal, land use chair Jim Gardner told 3550, “but instead approved a motion that identified our major concerns — noise, traffic, parking, building some sort of Greenway, and the absolute necessity of extending Bond — and said these must be adequately addressed and mitigated for us to be anything but in opposition.”

At a pre-application conference in July, the Portland Bureau of Transportation official who reviewed the project said his perspective is that completing the Bond extension should be required if the project is to be approved, but noted discussions at a higher level may result in a different outcome.



The Residents' Association of Mirabella Portland and Mirabella’s board of directors both approved resolutions calling for completion of Bond and the Greenway.

Individual residents have offered testimony to city offi-

“I won’t sleep at night if the Ronald McDonald kids don’t sleep at night.”
--Live Nation’s Matt Priesshoff

cial, written letters and attended hearings.

Resident Steve Lipsey wrote to journalist Elliot Njus of the Oregonian newspaper, predicting that despite any assurances from the promoter, the sound from the proposed venue is bound to invade nearby buildings — including Ronald McDonald and Mirabella.

“I am an MIT-trained engineer who also is a professional musician,” Steve wrote, “so I have some familiarity with this topic, although I’m not an acoustical design engineer. Their claim that the noise will be contained looks to be not credible.”

He told 3550 that “if the music can be heard in the seats, in my opinion it will be heard in the buildings.”

Not all residents oppose the venue.

“I guess my main (point) is the potential high-rise building and development right next door,” John Toppel told 3550. “The construction hassle for two or more years would be real. High rises would further block the view to the north. More people, more traffic.

“Zidell is a smart guy and this is not the time for huge development as has been proposed,” John said. “A long term contract with Live Nation would keep large scale development away for years. I do think that Live Nation can construct a venue that will minimize noise our way. I’d rather have this than a 25-story building right next to us, even though that will happen someday.”



Ed Weiner agrees.

The amphitheater, he said, “is something other than another hospital building or more high-end housing for rich white people.”

“It is not that I think Live Nation is a ‘good’ addition to the neighborhood,” he told 3550, “I just don’t think it is necessarily ‘bad’ and it may be an interim step in the right direction.”

South Waterfront, he said “is currently stagnant. All over Portland (and most other U.S. cities) the condo market is dead. The same for street level retail.”

“If there is to be any significant change to the character of the South Waterfront neighborhood in our lifetime, there is (in my humble opinion) only one viable prospect — the extension of Bond Avenue over the Zidell land, realignment of the streets and rerouting the street car,” Ed said. “Only when there is assurance that (it) will be completed in a timely manner should any development, long term or temporary, on Zidell’s land be approved.”



The effect on property values at Mirabella and throughout the South Waterfront is uncertain.

South Waterfront real estate broker Sean Z. Becker told a Willamette Hall audience at a “state of the market” seminar that no potential buyer has told him they favor the amphitheater.

“I haven’t heard anyone walk into my office and say, ‘oh, I’m so excited,’” he told 3550.

Jean Fischer isn’t excited.

The Mirabella resident told 3550, “I wasn’t here for Project Pabst, but I lived in Chicago where Live Nation presents the four-day nightmare called ‘Lollapalooza,’ which tears up Grant Park.

"Anyone who thinks they are going to hear the likes of Tony Bennett crooning from the proposed amphitheater is wildly out of touch with reality," she said.



Priesshoff said Live Nation has been talking with city officials, Oregon Health & Science University (OHSU) and neighborhood "stakeholders."

Holidays may see a pause in those conversations, he said, but "it's more important to get it right" than to do it quickly, and "we're still pushing hard to get some of those

"Anyone who thinks they are going to hear the likes of Tony Bennett crooning from the proposed amphitheater is wildly out of touch with reality."

—Mirabella resident Jean Fischer

key boxes checked by the end of 2019."

The proposal got its first significant airing in October, as Live Nation requested advice from the city's Design Commission.

That optional hearing, at which no decisions are made, provides a developer with feedback on its proposal. Commissioners look at whether it meets requirements of the city code, at the quality of the project's design, and what might make it better.

While commissioners were hospitable to the Live Nation proposal, they struggled with how something intended to be used for more than a decade could be subject only to design standards for "temporary" facilities. They also looked for ways the facility could offer public access year-round, not just in summer weather, and suggested a few design changes.

"We felt great about that, in terms of the feedback we received," Priesshoff said.



At press time, Live Nation's applications for design approval and a noise variance had not been filed. (Your 3550 magazine announced in October that as events happened news would be posted on the magazine website: www.3550Magazine.org.)

To get the amphitheater approved, Live Nation needs to win the blessing both of the Design Commission and the city's Noise Review Board.

The first starts with the city's Bureau of Development Services, where an applicant files for a hearing by the city's Design Commission — a volunteer commission made up mostly of people with professional experience in architecture, development and construction.

Commissioners hear presentations by the applicant and city staff, and takes testimony from the public. They vote the application up or down, and that decision can be appealed to the Portland City Council.

The Noise Review Board gets involved if an applicant seeks a noise variance, allowing it to exceed limits set by the city's noise ordinance.

Live Nation's Priesshoff told the July pre-application conference that no music promoter could live with the limits of Portland's noise ordinance, so seeking a variance was inevitable.

Granting or denial of the variance could also be appealed to the city council.



Traffic, trash, the completion of Bond Avenue, the Greenway, parking — all are important issues. But the overarching issue for nearby residents is noise — whether Live Nation and its sublessees will deliver a body blow to the livability of the neighborhood.

Live Nation has hired Metropolitan Acoustics, a Philadelphia-based sound engineering firm, to do an acoustical study, assessing the amphitheater's sound impact, including the effect on OHSU facilities and the Ronald McDonald House. OHSU has hired its own engineering firm to evaluate the accuracy and completeness of that Live Nation-sponsored study.

At press time, Sharon McCartney, Mirabella's executive director, was talking with OHSU's engineers about hiring them to determine the effects of the proposed venue on Mirabella residents. ■



"He's been in here all day just looking for trouble."

Portland Design Commission, October 3, 2019

Editor's note: This testimony was prepared for a city Design Commission hearing and distributed to all commissioners. In his oral presentation, resident Steve Casey abbreviated it, as speakers were limited in time.

GOOD AFTERNOON. MY NAME IS STEVE CASEY. I AM a resident of Mirabella Portland in the South Waterfront, a stone's throw from the Zidell property on which Live Nation plans to build its amphitheater.

I am also the editor of a quarterly magazine we publish at Mirabella called 3550. I have copies of the September issue for anyone seized by a desire to examine it. That issue carried a 3-page story on this project, and I also have reprints of just that article.

Live Nation and Zidell spin a good story. Who doesn't like music? Who wouldn't like sitting under the stars on lovely summer evenings listening to a favorite artist? And, who wouldn't like to turn a buck selling tickets to those events?

But there are reasons for the neighbors to be cautious – even wary. And to expect that the city, including this commission, will protect their quality of life and their neighborhood at every step of the process, starting today.

The critical issues raised by this proposal are traffic congestion, noise and what might be termed neighborhood stasis, as improvements we have been counting on get deferred and forgotten.

When Live Nation sought 12 concert dates at Fenway Park last year in the face of traffic, trash and noise complaints, city councilor Michelle Wu told the Boston Sun newspaper, "It's not a fair fight for the residents. We all see the concerts in a good light in terms of the vitality it brings to the city . . . and we are asking you to bear the brunt of the impact." The impacts of this project are both immediate and long-term.

The immediate: On top of substantial growth that's already taken place, and other development in the pipeline, we'd be dumping 10,000 people onto South Waterfront streets two or three summer concert evenings a week – plus whatever events Live Nation's sub-lessees choose to stage.

The long-term: We need the long-planned and promised completion of Bond Avenue. In terms of ingress and egress, South Waterfront is something of an island and we need Bond to handle the traffic flow. The 7-year lease with extension options really translates to darned near a permanent concert facility. There is then little motivation to complete Bond Avenue and our neighborhood suffers from being something of an island forever, and the city's vision

for the neighborhood is at best delayed – no completed Greenway, perhaps no affordable housing, no more parks and no grocery store.

The impact that is at least as great a concern to many neighbors – and to me, personally – is noise.

Our great apprehension here stems from the Zidell-sponsored Project Pabst series of concerts five years ago on the exact same site. It was an unmitigated disaster for those of us living in close proximity. The only thing that made it bearable was we knew it was a short-term thing.

Overall, the music was loud but that's not the problem. The problem is the relentless, driving, headache-inducing, constant artillery-like barrage of the bass that went on for hours. It sent residents of Mirabella and the Meriwether and perhaps others to their phones to complain. It was our neighborhood "bearing the brunt of the impact," to quote the Boston city councilor.

While Live Nation did not stage Project Pabst and has taken that experience into account while designing the proposed amphitheater, there is nothing I'm aware of in their sound study that demonstrates that the torture-by-bass issue has been resolved.

That's important. Again, from our magazine story: "It's 9:30 p.m. and I'm in a condo building," Toronto resident Martin Gravel tweeted about Live Nation's Echo Beach facility, which is half the size of the one proposed for our neighborhood. "The bass thumping coming from music concert at Echo Beach tonight is ridiculous. Shaking my windows at times on the 9th floor. Two kids under 8 trying to sleep."

We could say the same thing about Project Pabst five years ago. We don't want to say that if this facility gets built. The Rood Family Pavilion and the Ronald McDonald sanctuary it houses is the closest structure to the Zidell property line. Five years ago, those facilities did not exist.

Now, we have pediatric and adult cancer patients and their families coping with frightening diseases and seeking care at OHSU. The very first responsibility of the city has to be to protect their welfare, which is vastly more important than another concert venue.

Also in the impact area, some of my fellow residents at Mirabella will not live to see the end of the seven-year Zidell-Live Nation lease. Without adequate and proven design protections and sanctions for violations, some will live their last days under auditory assault.

We don't want to be Echo Beach. We don't want to be Fenway Park. We can't survive another Project Pabst.

There may be a way to put such a music venue on the proposed site, but it is unclear how. As you contemplate that question, we ask for your protection. ■

Become an Activist: Show Them You Care

READERS WHO WISH TO SHARE THEIR VIEWS ON THE LIVE NATION proposal may do so by writing or calling the officials listed below. If you contact the city council, write or speak with all of them. If the matter winds up on appeal before the council, all of them will vote on it.

Portland City Council

Mayor Ted Wheeler

503-823-4120

Email: mayorwheeler@portlandoregon.gov
1221 SW 4th Ave. suite 340, Portland 97204

Commissioner Jo Ann Hardesty

503-823-4151

Email: JoAnn@portlandoregon.gov
1221 SW 4th Ave. suite 230, Portland 97204

Commissioner Chloe Eudaly

503-823-4682

Email: chloe@portlandoregon.gov
1221 SW 4th Ave., suite 210, Portland 97204

Commissioner Nick Fish

503-823-3589

Email: nick@portlandoregon.gov
1221 SW 4th Ave., suite 240, Portland 97204

Commissioner Amanda Fritz

503-823-3008

Email: amanda@portlandoregon.gov
1221 SW 4th Ave., suite 220, Portland 97204

City Department Contacts

Bureau of Development Services

Staci Monroe, planner assigned to Live Nation matter
503-823-0624

Email: staci.monroe@portlandoregon.gov

Design Commission

Generally holds hearings at the city's administrative building, at 1900 SW 4th Avenue, room 2500A, on the second floor.

Portland Bureau of Transportation (PBOT)

Chris Warner, director

503-823-1055

Email: chris.warner@portlandoregon.gov
1120 SW 5th Ave., suite 800, Portland 97204

Noise Review Board

Paul van Orden, noise control officer

Email: noise@portlandoregon.gov

1221 SW 4th Ave. room 110, Portland 97204
503-823-7350

Neighborhood Contacts

South Portland Neighborhood Association

Len Michon, President

Email: spna1617@comcast.net

Jim Gardner, land use committee chair

Email: jimdonnachamois@msn.com ■

THE 11TH EYE



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The ACT team would like to send a big "Mahalo!" to all of our good friends and clients at Mirabella.

We appreciate all the years of business and support. Thank you!



A Delectable Dessert

Editors' note: longtime Mirabella resident and 3550 contributor Billy Cook died on October 27. Her essay on this page captures her spirit.

by Sybilla Cook

BACK WHEN I WAS THE CHIEF COOK IN THE FAMILY, MY FAVORITE thing was making desserts. Probably because everyone **liked** desserts, no matter what. Magazines featured wonderful ones in the holiday editions, ranging from the simple to the highly complex. Some worked well enough that I saved the recipes: others just didn't appeal to the family. Or took too many pans, or too much time. But one year I found one based on a favorite kids' dessert that looked like a perfect decoration for our Christmas dinner. Gelatin Christmas trees. What could go wrong?

The most difficult part of the recipe was finding cone-shaped molds. I couldn't find anything at the grocery store, or even at the dollar store which sometimes carried odd

things. I finally found pristine white cone-shaped cups at a local gas station. Once my husband helped me figure out how to prop them up — he cut holes for them in a cardboard box — it was easy to open a can of mixed fruit, take out the cherries to spoon into the bottom of each cone, and mix the rest into lime gelatin to fill the molds. Once set, I knew they would look as festive on our table as they did in the magazine.

Getting the gelatin out intact was difficult, but finally each cone sat upright on its plate. The fruit acted as ornaments on the glistening trees and the cherry provided a lovely topper. However, carrying the plates into the dining room started the trees jiggling back and forth, cherry tip and all. My husband looked at them and began to chuckle. His brother guffawed, but my blessed in-laws kept straight faces. They couldn't explain to our small children why we were laughing, but they enjoyed their dessert anyway. I still smile whenever I see a promising Christmas recipe. ■



Shared Family Holidays

by Jane Wachler

FAMILIES ONE, TWO AND THREE HAD THEIR STATION WAGONS packed; as soon as the last child got out of school, we all began the five-hour trip to Stowe, Vermont, for our annual Christmas ski holiday.

Over the years we shared skiing together; we also shared various trips to emergency rooms, 70-degrees-below-zero weather, frozen cars, the flu and 1,000 cups of hot chocolate.

In this group were three boys and six girls, six adults and a dog. It became apparent that there was going to be

a problem when it came to dining. The boys ate like boys, and the girls seemed to eat only hot dogs.

We couldn't split every bill three ways so we gave each family a number. When the wait person came over, each child gave their family number.

Over the many years we skied together, we also shared happy and sad times.

When we were last together, the daughter of family one got married. The head of family two officiated, and family three was there to witness.

Our years together as families one, two and three continue to this day to produce special memories. ■



Creating Hanukkah Warmth

by Rita Brickman Effros

MY MOUTH STILL WATERS AS I RECALL MY GRANDMOTHER'S crisp potato latkes (pancakes) topped with sour cream or applesauce.

Not a major Jewish holiday despite undue attention from the media and popular culture, Hanukkah contains some of my fondest childhood memories of my family's celebrations.

The holiday commemorates the ancient Hebrew victory over the Syrian army in the second century BCE, against overwhelming odds. The Syrian king sent soldiers to Jerusalem to desecrate the Temple, which was the holiest place for Jews at the time. He also tried to abolish Judaism by outlawing many key observances and offering Jews two options: conversion or death.

Judah Maccabæus and his followers defeated the army with help from "miraculous intervention" — a small amount of oil that lasted for eight days rather than one.

Two traditions have evolved to remember the eight days of oil and to celebrate religious freedom.

The first involves eating foods that are rich in oil, such as latkes. My grandmother made a seemingly endless supply of them in a tiny kitchen, with one burner and an old hand grater. They could easily compete with any of the current gourmet versions of this food.

Her eight children and their spouses, along with numerous grandchildren, would fill her small Bronx apartment. We have old super-eight footage of this annual event, documenting lots of eating, dancing, laughter and immensely joyous togetherness.

The second Hanukkah tradition also relates to the oil that somehow lasted for eight days. Adding one candle each night during the eight-day festival creates some drama for children as we reach the final night of this holiday.

I do not recall any presents being exchanged at our mega-family celebration — the true gift of the holiday in those days was the precious warm family interaction. More recently, our family tradition now also includes listening to Handel's glorious Judas Maccabæus oratorio.

In my mind, Hanukkah encompasses an eight-day experience that is a gift to all the senses — taste, sight, sound, smell and touch — better than any tangible or monetary gift. Now that we have relocated to Portland, I hope to relive some of these precious holiday memories with our children and grandchildren. ■



Menorah courtesy of Elaine Yudkin. Photo by Art Moss.

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Find It On The Miranet

by Bruce Howard

SEARCHING THE MIRANET CAN BE LIKE FINDING A PATH THROUGH a maze, but Mirabella residents who rise to the challenge may improve their quality of life here.

A tally of the hits on various Mirabella tabs over a one-month period this past summer shows that one third of the hits were for Dining and Me Only, a number 10 times the number of hits on second place Resident & Staff Directories.

The Calendars of Events, more than 30 Group Pages and other resources scattered throughout received little attention.

I check Miranet's News and Updates on the Miranet Home Page every morning.

The Musings calendar, set in print two weeks before it comes out, lasts for a month and may be out-of-date. The up-to-date elevator calendar lasts for only a week and is not posted until Sunday.

Since the beautiful Mirabella Portland directories are issued only every other year, the Miranet contains more reliable phone numbers and email addresses of residents and staff members.

The Emergency tab on the Facilities page lists detailed information on earthquake safety; facilities director Brian Wycoff is revising the resident manual for emergencies and the floor leaders roster. Mirabella's Emergency Preparedness committee has an updated list of floor leaders.

The Facilities tab explains why Health Services staff is not available for first response in Independent Living, and that it is best to err on the side of calling 9-1-1. You will learn why Mirabella's back-up generator does not provide power to your independent living unit in an emergency.

Awarded the top green building certification by LEED, Mirabella has made recycling a priority. Following a path from Facilities to Sustainability to Green Subcommittee will lead you to a pdf file of a recycling pamphlet detailing what goes in the glass bin, down the trash chute or into mixed recyclables. This pamphlet can help residents uncertain as to what goes where.

If you have concerns about the quality of the air in your unit, the Facilities page tells you how to choose filters, air purifiers and humidifiers/dehumidifiers. There is a list of the many ways to keep dust down.

Our path leads us to RAMP and Advisory Committees, including Health. Mirabella offers a full range of services, (skilled nursing care, assisted living, long-term care and memory care). Mirabella offers respite care for

independent living residents; the Health Committee page explains how to qualify for it. The same page explains the need to pre-register with Home Care before its services are requested.

Another RAMP committee, Transportation, explains under FAQs how to get rides for medical appointments, grocery shopping, and events in Portland.

RAMP's Foundation Committee lists funds worthy of residents' financial support. The Cultural Enrichment Fund joins the Programs Committee in paying for presentations and performances in Willamette Hall. The Employee Scholarship Fund benefits us by helping staff better their skills. The Resident Assistance Fund was set up to give financial support to residents who run out of money, so that they are not forced to leave Mirabella. The Mirabella Foundation manages the Employee Appreciation Fund through the RAMP advisory committee.

Being a retired skin doctor, I have only scratched the surface of the contents of the Miranet. Exploring its paths may improve your quality of life at Mirabella. ■

Work Order Expected Response Times

Priority #1 Immediate/Same Day Response (Emergency or Safety):

Direct health or safety impact of a resident or the facility.

Priority #2 24 Hour Response (High):

If not attended to, possible direct health or safety impact.

Priority #3 24-48 Hour Response (Medium):

No immediate health or safety impact but needs attention. Work needs to be complete but no immediate impact.

Priority #4 Date Sensitive Response (Scheduled):

Customer requested completion date and work. This work needs to be completed based on the date the customer is requesting.

Priority #5 30 Day Response (Low)

Requests that have an impact on aesthetics, or minor impact on the function of the building. Preventative Maintenance and Compliance work.

One example of the helpful information on the Miranet, this one having been lifted from the Facilities tab.

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A Monumental Decision?

by Edward Weiner

THERE'S A QUIET CAMPAIGN TO ERECT A MONUMENT TO Elizabeth Caruthers in the park across the street, recognizing her as an early pioneer for women's rights in Oregon. A counter movement wants to recognize the Native Americans who lived on the land before the white settlers arrived.

At present only one small, easily overlooked monument exists, honoring William Johnson who is purported to have been a sailor in the U.S. Navy during the War of 1812. Johnson, together with his Native American wife, supposedly constructed a log cabin at the northwest corner of what is now the park — a structure that is thought to be the first permanent residence in the city.

The Portland Parks & Recreation (PP&R) website describes Elizabeth Caruthers as "an early pioneer woman who was one of the first settlers in the southern part of the young city of Portland. In 1847 she and the son, Finice Caruthers, came to Oregon and settled on the banks of the river near the abandoned 1842 Johnson cabin. Under the Donation Land Claim Act of 1850, they claimed this 640-acre section. Elizabeth died in 1857 and Finice in 1860. Their deaths, without wills or heirs, led to fraudulent claims and litigation, which reached the United States Supreme Court in 1868. *There the matter was resolved in a landmark decision ruling that, under the 1850 Donation Act, a woman — married or not — had the same property rights as a man* (emphasis added). SW Caruthers Street, SE Caruthers Street, and Caruthers Creek in Marquam Gulch also reflect the family's prominence in the early history of Portland."

The PP&R website also recognizes the earlier settlers, saying that the over 50,000 Native Americans who lived in the Portland area "were removed from other parts of the city" and relocated in the South Waterfront, which is one of the "sacred and important sites" for them.

The book "Portland: People, Politics, and Power 1851-2001" by Jewel Lansing mentions Finice Caruthers who was actively involved in the 1850 effort to incorporate the city, in 1854 donated land for a cemetery and in 1856 established a water company.

Silver v. Ladd, 74 U.S. 219, the 1868 Supreme Court decision, created the legend of Elizabeth Caruthers as a

feminist icon worthy of a monument. What did Congress mean when it enacted a law that made land grants in pre-statehood Oregon to "every white settler or occupant" who, having arrived in the territory prior to December 1, 1850, settled on and worked the land, and filed a claim prior to the December 1, 1855, expiration date?



Photo by Art Moss.

The law allocated to each claimant "320 acres of land, if a single man, and if a married man ... 640 acres, one-half to himself and the other half to his wife, to be held in her own right."

The 1850 statute made no express allocation for an unmarried woman who may have been a "white settler or occupant" on the land. The court could have applied the time-tested doctrine of statutory interpretation *expressio unius est exclusio alterius* — express mention of one thing excludes all others. That is, the express mention of single men, married men, and the wives of married men, should lead to the conclusion that unmarried women were not intended to be included as beneficiaries of the land grants.

The Court, however, reached a different result. It announced that "[i]t is only in prescribing the quantity of land to be taken that the restrictive words are used, and even then the [word man is] capable of being construed generically, so as to include both sexes." That led me to yet another source, Webster's unabridged dictionary, where

I found that the first definition of the word **man** is “[a] **human being; a person, whether male or female.**”

This landmark Supreme Court decision did not establish that an unmarried woman had the same property rights as a man. It simply looked to the dictionary and concluded that a woman is a man.

There is no evidence that Elizabeth Caruthers was ever an active feminist. Based on the sources consulted, I suspect that, some time prior to the 1855 expiration date of the time to make claims under the Donation Land Claim Act, Finice took his mother to the land office, the pair introduced themselves as Mr. Thomas and Mrs. Thomas and a claim was filed for the 640 acre parcel of land upon which they had settled. That was it. There was no discussion concerning the rights of women. All we really know about Elizabeth Caruthers is that she was an “aged widow” (the words of the Supreme Court) who had been brought to pre-statehood Oregon by a dutiful son, was described by acquaintances as a “peculiar women,” and died in 1857.

Those who want to learn more about this episode in early Portland history can read the full Supreme Court opinion and Billy Cook’s August/September 2013 3550 article.

Finice Caruthers brought his mother west to settle in the Oregon Territory, and with the assistance of the United States government acquired a nice piece of land from the Native Americans who were the original occupants. By all accounts, he was a good citizen of the emerging community that would become Portland, Oregon, donating land for a cemetery and promoting public education. He may deserve a monument.

Tangled up in our country’s legal history pertaining to race and sex, conflicting ideas about monuments will likely continue. Meanwhile dogs chase frisbees and pre-school children from nearby schools race up and down the hill making good use of the park. ■

SWF Volunteers Maintain Park

WHILE VOLUNTEERS UNDER SOUTH WATERFRONT resident Marti Yoder hoe and pull up weeds, city horticulturist Josh Kenaston hauls away branches and debris in a City of Portland truck.

“We need more volunteers,” Marti says, adding that the city provides gloves and tools and has jobs for people of varying skills and ages. The groups work in Elizabeth Caruthers Park two mornings a month, but are hiatus until Spring. For more information, Marti can be reached at marti.yoder@gmail.com. ■



Photo of volunteers by Art Moss



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Meet Our Online-ordained Ministers

By Rolf Glerum

IT WAS A BEAUTIFUL SETTING FOR A WEDDING. TEMPERATURE IN the mid-eighties, the gurgling Wenatchee River nearby, white chairs set up on the lawn, a string trio and all the guests assembled. What made it special, however, was the groom, Roger, 85 years old and twice-widowed, and his bride, Noni, also twice-widowed and a lovely, spry 80-year-old.

One more special note: The wedding officiate, also 85, was a fraternity brother of the groom and a minister of the Universal Life Church – me.

I share this position with two other Mirabella residents – Kim Batcheller and Steve Casey. Together we have performed about a dozen weddings – in Oregon, Washington, California, New York and Connecticut. Most of the marrying couples were from out of state; significantly, Kim did the honors for Mirabella residents Michael Marx and Don Marshall.

The Universal Life Church (ULC) is one of dozens of so-called internet ministries, with the legal right to perform marriages, funerals, baptisms, exorcisms and a host of other spiritual and secular ceremonies of all types—Christian, atheist, Wiccan, Druid, even pagan.

According to its website, the ULC has ordained more than 18 million individuals since its founding. No records exist as to how many ceremonies have been performed worldwide (not many exorcisms, I'm guessing).

The ULC is not without its critics, however, ranging from individual clergy to entire states.

That being said, the ULC is the oldest and largest ministry of its kind, founded in 1959 by Kirby J. Hensley in Modesto, California. There are many offshoots of the ULC, the largest of which is Universal Life Monastery, headquartered in Seattle and offering all the services (and merchandise) available from ULC. Even their websites are similar.

Although most of these organizations call themselves “non-profit,” that doesn't mean they are recognized by the IRS and carry the 501(c)(3) tax exemption. Clerical authority varies by state law, so ULC ministers should check with their respective county clerk before they go ahead with the ceremony.

Several states, mostly in the south, still refuse to recognize online-ordained ministers' right to officiate at weddings. Tennessee, for example, recently passed a bill which banned people from officiating at weddings if their ordination came from an online website.

The non-profit designation is truly in the eye of the beholder. Although the online ordination itself is free, the merchandise available online is astonishing. A frameable certificate, for instance, is available for \$25. Most ministers go for the Premium Wedding Set for \$59.99, which includes a Premium Certificate of Ministry, a wallet-sized Credential card, a how-to-perform a marriage booklet, a ULC ballpoint pen and pad set, three marriage certificates, a black and white clergy clip-on badge, three kinds of ULC bumper stickers, and a parking hanger with a press pass and a clergy pass attached (try that out with your friendly parking meter patrol).

Other available items are a minister's black dickie with the traditional white reverse collar for \$49.99, a plethora of booklets and pamphlets on marriage (\$25.99), minister's stole (\$49.99), pulpit robe (\$59.99) and last but certainly not least, a Pagan Blessing Kit (\$17.99). Non-profit, indeed.

Allow me a bit more on my ULC experiences. In addition to the Wenatchee wedding, I was also privileged to officiate at two of my granddaughters' weddings in New York and Connecticut. These were two of the unforgettable highlights of my life, without a doubt.

A wag at Mirabella asked if I was a real minister. I replied, “I do weddings, funerals and baptisms, but I draw the line at brit milot.

Google it. ■



“We'd like you to leave out the poorer, sickness, and death parts—they're a little dark.”

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RAMP Roster 2019-2020

Updated October 16, 2019

Council

President – Ron Weber
Vice President – Ed Parker
Past President – Linda Wood
Secretary – Amy Richman
Treasurer – Teresa Goodwin
At Large – Carol Hethcock
At Large – Rosemary Hole
At Large – Bruce Howard
At Large – Pete Swan

Advisory Committees

Building & Grounds

Chair – Norm Bengel
Co-Chairs – Sue Knoll, John Green
Liaison – Ed Parker
Emergency Preparedness Subcommittee – Paul Knoll
Green Subcommittee – John Block, Kathy Suri

Communications

Chair – Fred Morris
Liaison – Teresa Goodwin

Dining

Chair – Jane Wachslar
Vice Chair – Joyce Roe
Liaison – Pete Swan

Fitness & Wellness

Chair – Vacant
Liaison – Amy Richman

Finance

Chair – Sharon Mccartney
Liaison – Ron Weber, Ed Parker, Teresa Goodwin

Foundation Committee

Co-Chairs – Fred Morris, Claire Weber
Liaison – Ron Weber

Resident Health

Chair – John Block
Liaison – Bruce Howard

Transportation

Chair – Bernice Johnston
Liaison – Carol Hethcock

Association Committees

Art

Chair – Dan Hole
Liaison – Rosemary Hole

Creativity On Display

Co-Chairs – Hebe Greizerstein, Carol Hethcock
Liaison – Carol Hethcock

Library

Chair – Mary Gray
Liaison – Carol Hethcock

Programs

Co-Chairs – Mikki Lipsey, Ron Weber
Liaison – Ron Weber

South Waterfront Neighborhood

Chair – Pete Swan
Liaison – Bruce Howard

Welcoming

Chair – Muriel Mendonca
Liaison – Rosemary Hole

Woodshop

Chair – Fred Morris
Liaison – Pete Swan

3550 Magazine

Chair – Steve Casey

Foundation Board Elected Members

Ron Weber – until September 30, 2020
Toni Tidman – until September 30, 2021
Polly Grose – until September 30, 2022

Day In The Life Of The Concierge—Answers

- | | |
|-------|-------|
| 1. F | 11. F |
| 2. T | 12. T |
| 3. F | 13. T |
| 4. T | 14. F |
| 5. T | 15. T |
| 6. F | 16. F |
| 7. F | 17. T |
| 8. T | 18. T |
| 9. F | 19. F |
| 10. T | 20. F |

3550 Arts & Entertainment

Northwest Dance Project Inspires

by Anne Clark

"DARING. TALENTED. FEARLESS. THE NORTHWEST DANCE Project is an award-winning, bold, and innovative contemporary dance company performing an all-original repertoire."

The description of the company on their website says it all.

In September, I saw them perform the world premiere of *Invisible Spark*, choreographed by Patrick Delcroix. The first duet, danced by Noelle Kayser and the incredibly gifted Kevin Pajarillaga, demonstrated the speed, grace and strength of the dancers.

My response was an emotional one to great dancing, maybe because I am older now and far from being able to move my body the way they do. I didn't intellectualize the movements as an exploration of love and restlessness, as one reviewer did.

That person thought the dance asked, "Where do we find our happiness?" But I was happy just watching the strong and beautiful dancing.

The next show by the Northwest Dance Project will be *Winter Wonders*, performed at Lincoln Hall on December 12–14.

It is traditional for their winter show to be choreographed by the 10 dancers themselves. The dancing doesn't always feel like a cohesive whole; how could it with 10 choreographers? Yet it is always light-hearted and fun. I look forward to seeing what surprises they have in store. ■

Performing Arts Schedule

Portland Center Stage

128 NW 11th Ave
503-445-3700

Miss Bennet: Christmas at Pemberley

Now thru Dec 29 – Main Stage

Hedwig and the Angry Inch

Dec 28 thru Feb 23, 2020
– Bye Studio

African Mean Girls Play

Jan 18 thru Feb 16 –
Main Stage

Curious Incident of the Dog in the Night-time

Feb 29 thru Apr 5 – Main stage

Artists Repertory Theatre

Various venues
503-241-1278

La Ruta

Now thru Dec 1,
Hampton Center

The Strange Undoing of Prudencia Hart

Now thru Jan 5, Tiffany Center

African Mean Girls Play

Jan 18 thru Feb 16,
Armory Main Stage

Indecent

Feb 19 thru Mar 8,
Lincoln Hall

Portland Playhouse

602 NE Prescott
503-488-5822

A Christmas Carol

Now thru Dec 29

Pipeline

Feb 19 thru Mar 15

Lakewood Theatre

368 S. State St., Lk
Oswego
503-635-3901

Shakespeare In Love

Now thru Dec 8

Wait Until Dark

Jan 10 thru Feb 16

Portland Opera Broadway Series

Keller Auditorium
222 SW Clay St.
800-273-1530

Fiddler on the Roof

Jan 7 thru Feb 12

Dear Evan Hansen

Jan 28 thru Feb 8

Portland Opera

Hampton Opera Center
211 SE Caruthers St.
503-241-1802

An American Quartet

Feb 7 thru Feb 15

Broadway Rose Theatre

12850 Grant Ave, Tigard,
OR
503-620-5262

Nunsense (SOLD OUT)

Dec 24 thru Feb 24

Shaking the Tree Theatre

823 SE Grant St.
503-235-0635

A Banquet Installation

Jan 24 thru Feb 22

White Bird Dance

Arlene Schnitzer Hall
1037 SW Broadway
503-228-1353

Grupo Corpo

Feb 12

Cirque Alfonse – Newmark

Feb 27 thru Feb 29

Bag & Baggage Productions

253 E. Main St, Hillsboro
503-345-9590

The Game's Afoot, or

Holmes For the Holidays

Dec 5 thru Dec 23

Triangle Productions

1785 NE Sandy Blvd
503-239-5919

Scrooge in Rouge
Now thru Dec 14

*Life According to Morty
and Ruth*
Jan 30 thru Feb 15

Portland Baroque

Orchestra
503-222-6000

Handel's Messiah
First Baptist Church
Dec 13 thru Dec 16

*Trousers & Tiaras: Gender
Roles in Handel Opera*
Feb 14,15 -First Baptist
Church
Feb 16, Kaul Auditorium,
Reed College

Oregon Symphony

Arlene Schnitzer Hall
1037 SW Broadway
503-228-1353

Holiday Swing!
Dec 1

The Tenors Christmas
Dec 2

*Kenny G – The Holiday
Album*
Dec 3

*Mannheim Steamroller
Christmas*
Dec 6

Prokofiev's Fifth
Dec 7 thru Dec 9

Gospel Christmas
Dec 13 thru Dec 15

*Storm Large Holiday
Ordeal*
Dec 16

*Comfort & Joy: A Classical
Christmas*
Dec 18

Cirque Nutcracker
Dec 21

A Viennese New Year
Dec 30

Fiesta! With Edna Vazquez
Jan 1 thru Jan 5

Also sprach Zarathustra
Jan 11 thru Jan 13

*Itzhak Perlman Plays
Beethoven*
Jan 16

Ghostbusters in Concert
Jan 18, 19

*Chopin's Piano Concerto
No. 2*
Jan 24 thru Jan 27

Game On!
Feb 1

*Young Person's Guide to the
Orchestra*
Feb 2

Pictures at an Exhibition
Feb 7 thru Feb 10

*Valentine's Day with
Patrick Lamb*
Feb 14

The Music of John Williams
Feb 15, 16

Shostakovich's Eleventh
Feb 22 thru Feb 24

*Harry Potter & The Goblet
of Fire*
Feb 28 thru Mar 1

Milagro Theater

525 SE Stark St
503-236-4174

A Xmas Cuenta Remix
Now thru Dec 22

Huinca
Jan 9 thru Jan 18

*En El Tiempo De Las
Mariposas*
Feb 6 thru Feb 29

Capella Romana

503-236-8202

*Christmas in
Constantinople*
Dec 21, St. Mary's
Cathedral, Portland
Dec 22, St. George
Orthodox, Gresham

Hymns of Kassiane
Jan 11, St. Mary's,
Portland

Oregon Repertory**Singers**

First United Methodist
Church
503-230-0652

Glory of Christmas
Dec 8 thru Dec 15

Oregon Ballet**Theater**

Keller Auditorium
222 SW Clay St
503-222-5538

*Balanchine's The
Nutcracker*
Dec 7 thru Dec 26

Sleeping Beauty
Feb 15 thru Feb 23



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Dr. Mila Ioussifova is a residency-trained optometrist with a diverse background and widespread training in comprehensive eye care. A graduate with honors from New England College of Optometry, Dr. Mila maintains and practices the highest standards in optometric practice. Her approach to patient care is systemic with an emphasis on ocular nutrition and disease prevention. She is passionate about eye care and health, and she takes the time to educate her patients on how to maintain healthy eyes.

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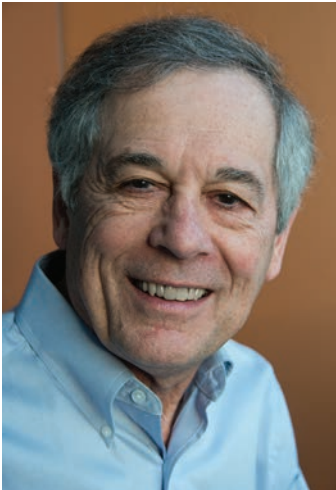
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She's Back

IT HAS BEEN A LONG JOURNEY FOR MY LOVELY WIFE, ADRIENNE. She fell and severely injured herself over a year ago. For many months she lay virtually motionless in bed in Mirabella rehabilitation.

Then, without a hint it was coming, an amazing event occurred.

She smiled!



Larry Braverman

I was stunned. It was her first show of emotion in a long while. And then, some days later, again out of the blue, she waved hello when I walked into her room. It was a funny little wave — not with her whole hand, but with just three fingers. Nevertheless, it made my day.

Her next sign of recovery was even more unusual: a strange guttural sound.

"What was that?"

I asked. "Did you just hiccup?"

She looked squarely into

my eyes and began to laugh.

"I did!" she said, laughing again.

I felt like celebrating. It was her first word in over a year, not to mention her first laugh!

Not even a week later she took her first drink — a cup of coffee, and exclaimed, "wow!"

It was perfect!

A few days passed and she began to sing. Not that surprising since she had been in her college choir.

"Bom-ba-ba-dang — blue moon" and then listening to a Joan Baez recording, she sang right along with her — every word of "100 Miles."

She uttered her first full sentence a few weeks later.

"This place must be costing a fortune," she said, sounding just like old times.

"My!" I responded. "You are becoming a bit feisty!"

She rolled her eyes. "Shush," she said. "Don't be a jerk!"

"That's not very nice," I answered.

"Well," she responded, "You're very annoying. Besides, you talk too much."

"Okay, then. Why don't we just move on."

"Good idea."

"What do you think about President Trump?" I asked, figuring that would keep her thinking for a while. I doubted she even knew to whom I was referring.

She rolled her eyes again and answered without a moment's hesitation.

"We're toast!" she said. ■



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